

Welcome to Itoshin Japanese Restaurant.

Please advise us if this is your first visit to us.

-Scallop

We would like to introduce our most popular dishes and highly recommended items.

Our goal is to fulfill your appetite and will do our best to send you out with satisfaction.

Sharing the meals will allow us to serve much quicker and it is the way to enjoy more variety.

Here is very popular "Set Meals". A la carte menu to follow then banquet menu on the back.

# Set

Itoshin

### Dinner Set

Choice of 1 entrée, main meal, and dessert, with miso soup and rice 70

### Hot Pot Set

\*minimum 2 servings \*

Choice of 2 entrées, 1 hot pot, and 2 desserts, with rice

150 for 2

### Itoshin Nabe Set \*minimum 2 servings \*

Choice of 2 entrées and 2 desserts, with the signature Itoshin nabe and noodles to finish 180 for 2

Entrée Beef Tataki	Main Meal Sashimi	Dessert Green Tea Ice Cream -with or without red bean
Duck Tataki	Mix Sushi	-with or without rea beam
Sashimi	Tempura with Veges -Prawn	Black Sesame Ice Cream -with or without red bean
Sushi	-Chicken	Crème Caramel
Yakitori	-Mix +5	
Agedashi Tofu	Teriyaki with Veges -Beef	Chocolate Mousse
Squid Karaage	-Prawn	Green Tea Mousse -with or without red bean
Chicken Karaage	-Chicken -Half & Half +5	Espresso Ice Cream
Fish Nanban	Hot Pot	•
Tempura -Prawn -Chicken	-Sukiyaki -Shabu Shabu -Udon Nabe -Itoshin Nabe	Tempura Ice Cream -vanilla ice cream -green tea ice cream -black sesame ice cream

9

### **Quick Starter**

Edamame Boiled green soybeans

Sushi Bar Food

"The Boat"	Chefs tonight's best selected Sushi and Sashimi on a Boat	95/110/130
Beef Tataki	Seared beef on sliced onions, ponzu with "Yuzu Kosho"	25/38
Duck Tataki	Duck breast thinly sliced and served on sliced onions	25/38
Sashimi	Chefs tonight's best selected Sashimi12, 22 or 30 pieces	26/47/64
Mix Sushi Plate	Nigiri Sushi and Rolls best varieties 8 or 13 pieces	25/48
8 Nigiri Mix	8 pieces chefs tonight's best choice nigiri sushi	40

# Aburi Nigiri

Tuna salt & lemon	6
Salmon Belly teriyaki & shallots	6
Ocean Trout Belly salt & lemon	7
Kingfish Belly teriyaki or salt & lemon	6
Scallop glazed soy & lemon	7

Kids Boat 15 Chicken Kararage & your Choice 2 thin rolls

### Thin Rolls & Nigiri

Found on the reverse side of tonight's special menu.

### Wasabi, how to;

Wasabi works best when eaten. Place it on fish instead of mixing with soy sauce.

### **Medium Rolls**

rolled inside out cut 8 pieces

Spicy Yuzu Tuna & Shallot

Salmon, Ginger & Shallot

21

Sweet Soy Salmon & Avo 21
Tempura Prawn rolled seaweed out 24

Tempura Chicken, Avo & Teriyaki Sauce

# Thick Rolls

4/8 pieces

21

Salmon & Avo	Fresh Salmon, Avocado, Cucumber, Lettuce, and Itoshin Mayonnaise	14/26
Tuna & Avo	Fresh Tuna, Avocado, Cucumber, and Itoshin Mayonnaise	15/28
Chicken & Avo	Tempura Chicken, Avocado, Lettuce, and Itoshin Mayonnaise	13/25
Prawn & Avo	Boiled Prawn, Avocado, Lettuce, and Itoshin Mayonnaise	15/28
The Futomaki	Boiled Prawn, Cucumber, Sweet Omelette, Gourd, and Shiitake	16/29

### Kitchen Food

Chawan Mushi	Steamed Egg custard with Prawn, Scallop, Chicken, and Shiitak	e	22
Yakitori	Chicken and Shallots on skewers	18/2 sk	kewers
Agedashi Tofu	Organic Tofu and vegetables served in Dashi broth soup	23/4p	<i>35/7p</i>
Squid Karaage	Squid rings with original Ponzu sauce		22/34
Chicken Karaage	Deep-fried Chicken with Itoshin Mayonnaise		23/35
Fish Nanban	Deep Fried Salmon and Ocean Trout with original Ponzu sauce		22/34
Panko Crumbed	-Oysters		<i>38/6p</i>
	-Prawns		<i>42/4p</i>
	-Pork		38

Teriyaki	with tempura or steam vegetables	Tempura	with tempura vegetables
Beef Sirloin	42	Prawn	24/2p 42/4p
Prawn	<b>42/4</b> p	Chicken Tender	loin 23/38
Chicken Thigh	38	Scallop	25/4p 38/6p
Scallop	<b>43</b> /8p	Salmon	22/4p 38/6p
Half & Half select 2 from the	above list	Mix all tempura on one p	48 plate

#### Hot Pot \*minimum 2 servings \*

Sukiyaki	Sweet soy flavoured "Dashi" broth in a pan and dip in beaten egg. Choice of thinly sliced beef, pork belly, and chicken for each serving.	98
Shabu Shabu	Cook in "Dashi" stock, dip in our original ponzu or sesame sauce. Choice of thinly sliced beef or pork belly for each serving.	98
Udon Nabe	Cook as you eat Udon soup noodle in a big pot. Choice of thinly sliced pork belly or chicken for each serving.	98
Itoshin Nabe	The signature hot pot. beef, pork, chicken, prawns, oysters, scallops, chicken meatballs, fish, and vegetables in rich chicken stock soup. Ramen noodles to finish.	140

### **Side Dishes**

Miso Soup Bowl of Rice Pickled Sushi Ginger

### Hot Pot, how to;

Share cooking responsibility or nominate yourself to be the hot pot boss and control when and how it's done. Unfortunately one of us may take over if necessary.

# The Itoshin Banquet

minimum 4 people

75/person

Edamame

Sushi and Sashimi Boat

Duck Tataki

Squid Karaage

Tempura Prawn

Teriyaki Beef

Tonight's Grilled Fish

# How would you like the banquet served?

We can try to serve multiple dishes quickly or take it slow and serve one dish at a time.

# Essential Itoshin Banquet

minimum 10 people

75/person

Edamame

Sushi

Beef Tataki

Duck Tataki

Squid Karaage

Chicken Karaage

Tempura Prawn

Teriyaki Beef

Teriyaki Chicken

# Couple's Banquet

145/couple

Edamame

Sashimi, Sushi & Duck Tataki

Tempura Prawn

Squid Karaage

Miso Soup

Teriyaki Beef

### Alternative Banquet

Choose items from our menu, construct own banquet menu, and share all with your group. We will guide and advise you when it helps to meet your needs

#### PLEASE MAKE US AWARE OF ANY DIETARY REQUIREMENTS AND/ OR PREFERENCES

Arrangements will be made to meet your requests. Ask our staff to guide you through our menu, to suit your needs. Japanese Dashi broth we prepare contains fish and kelp. An alternative Kelp Dashi available.

#### **ALLERGIES:**

COELIAC: Our choice of Shoda Soy Sauce from Gunma Prefecture has been assessed and reported R-BIOPHARM GLUTEN (GLIADIN) NOT DETECTED by DTS FOOD LABORATORY under the GOVERNMENT STANDARD.

CRUSTACEANS: Our preparation areas are exposed to crustaceans regularly.